

## Lesson 3:

# WAYS I USE SOCIAL MEDIA BEING ACTIVE

### LESSON OBJECTIVE:

Students will learn what it means to actively use social media and the benefits that result from active use.

### RESOURCES NEEDED:

- Video segment 3: "ways i use social media-being active"
- Paper and pen/pencil for each student

### LESSON INTRODUCTION:

Review lesson 2, "when i use social media-managing time" and have students share any experiences they had managing their social media time

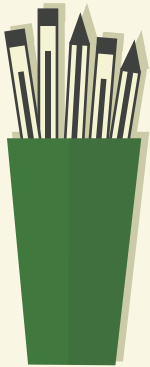
- Were they able to install a screen time tracking app?
- Did they notice a difference in their social media usage when they were aware of the time they were spending on their phone?
- Did they talk to someone about how to manage screen time?

### SHOW VIDEO SEGMENT 3: "WAYS I USE SOCIAL MEDIA-BEING ACTIVE"

### LESSON DEVELOPMENT SUGGESTIONS:

# THINK, PAIR, SHARE.

Give the students several minutes to write a journal response to any of the following questions that fit the needs of your class. After they finish, ask the students to pair-up and share their written responses. Reconvene the class and ask pairs to report back on their conversations-encourage discussion.



### QUESTIONS:

- Do you consider yourself a 'lurker' in your social media use? If so, why?
- How does lurking make you feel?
- What stops you from being active in your social media use?
- Have you had an experience where you commented in a positive way on someone's post and how did that affect you and the other person's relationship?
- How have you felt when someone said something encouraging or kind on one of your posts?
- At what times are you most passive in your social media use?

Divide the students into small groups to make a skit of someone using social media in both active and passive ways. Have each group act out their skit for the class.

Have each student journal about their personal experiences with using social media actively and passively, and how they would like to change or improve their use.

### LESSON ASSIGNMENT:

- Invite each student to make a goal to actively use social media for a week.
- Have the student write down the name of a person they would like to teach about actively using social media and encourage them to follow through on having a discussion.