

Lesson 4:

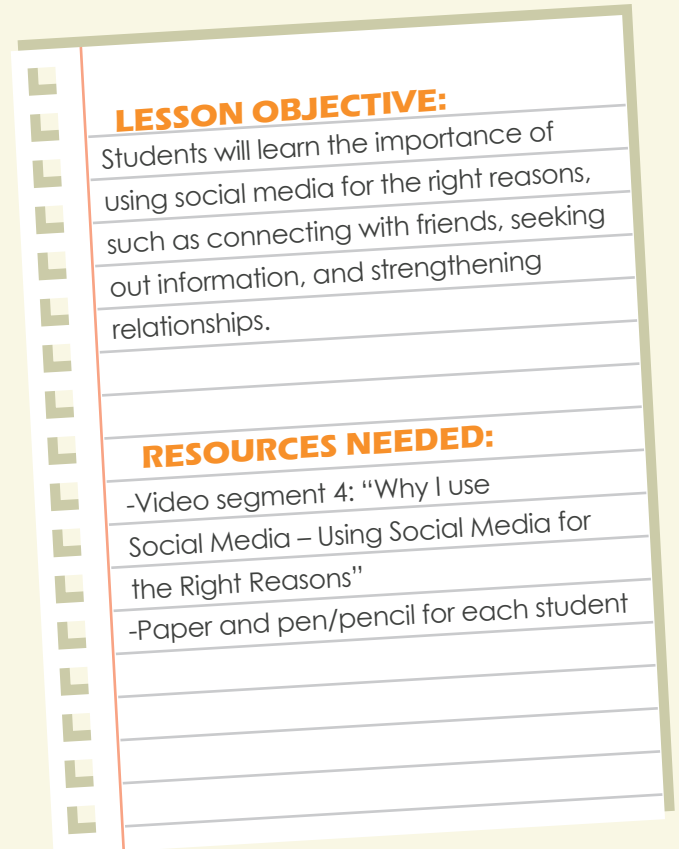
WHY I USE SOCIAL MEDIA USING SOCIAL MEDIA FOR THE RIGHT REASONS

LESSON INTRODUCTION:

Review lesson 3, "Ways I use Social Media – Being Active".

- Did the students have any personal experiences being active in their social media use?
- Did the students have a discussion with someone about being active on social media?

**SHOW VIDEO SEGMENT 4: "WHY I USE SOCIAL MEDIA
-USING SOCIAL MEDIA FOR THE RIGHT REASONS"**



Give the students several minutes to write a journal response to any of the following questions that fit the needs of your class. After they finish, ask the students to pair-up and share their written responses. Reconvene the class and ask pairs to report back on their conversations-encourage discussion.

QUESTIONS:

- What is your overall purpose for social media use?
- How do you feel when you use social media for connecting and information seeking?
 - How do you feel when you use social media when you are bored?
- How do you feel when you use social media to compare yourself with others?
 - Who do you follow on social media? Why? Do these people uplift you?

Give each student 1 minute to quickly write down everything they can do instead of scroll through social media when they are bored. Have the class share their ideas with a partner.

Write a short story about someone who decided to change their social media use and how it affected their life.

ASSIGNMENT SUGGESTIONS:

- Have the students go through their social media friend list and delete or unfollow those who do not uplift them.
- Have each student write down a goal and journal how they can use social media for the right reasons.

